LUNCH SPECIALS SERVED MONDAY-FRIDAY 11AM-3PM

ADD A SOFTDRINK OR TEA FOR \$1.49

Our Patrons 65 and older please enjoy Lunch prices all day long

## SPECIALTIES

SCROD BASKET - Nearly 3 quarters of a pound of our new scrod gently fried and served with fries \$6.99

**CHICKEN TENDERS**- Hand breaded and lightly fried chicken tenders with one side \$7.99

SHRIMP FEAST - Ten golden fried Gulf shrimp with your choice of a side and a hot hushpuppy \$8.49

**CAKES AND CHOWDER-**Our house made crab cakes and a cup of our warm clam chowder \$6.49

**FARM RAISED CATFISH FINGERS**-A half-pound of catfish strips with one side and pups \$7.99

**MINI SHRIMP-**Bite sized shrimp served with one side and a hushpuppy \$6.99

**BLACKENED TILAPIA** – Tilapia blackened and served over rice pilaf with one side and a hushpuppy \$6.49

GRILL CHEESE AND CHILI -Award winning chili and grill cheese \$6.99

FISH N' SHRIMP COMBO-Five golden fried shrimp and a couple of cod strips with your choice of one side and a hushpuppy \$9.99

## SANDWICHES SERVED WITH FRIES ADD SLAW \$1.25 ADD SOUP \$1.49

**FAMOUS ICELANDIC WHITEFISH** Gently fried, Cajun grilled or oven baked on white, rye or wheat bread \$7.49

SCROD SANDWICH-Gently fried scrod piled high on your choice of white, rye or wheat bread \$5.49 TILAPIA SANDWICH-Hand battered tilapia dressed on a hoagie bun 1pc \$5.49 2pc. \$6.49 TILAPIA N' SHRIMP COMBO-

Hand battered tilapia served with fried Gulf shrimp, your choice of side and a hot hushpuppy \$7.99

CLAMS-Sweet tender clams served with one side and a hushpuppy \$6.49

ALL U-CAN-EAT HAND BREADED SCROD-An endless supply of our freshly hand-breaded scrod, Served with French fries and hushpuppies Scrod \$9.99

> SCROD N' SHRIMP COMBO-Five golden fried Gulf shrimp and a couple of whitefish strips with your choice of one side and a hushpuppy \$8.99

## LIGHTER FARE

**GRILLED SALMON-**A 5 ounce grilled salmon fillet (200 cal.,8.75 (g) fat, 0 carbs.) served with your choice of vegetable and cottage cheese or applesauce \$8.99

**BROILED WHITEFISH-***A* whitefish fillet (113 cal.,1.25(g) fat, 0 carbs) gently broiled served with your choice of vegetable and cottage cheese or applesauce \$7.49

**LEMON PEPPER TILAPIA**-Grilled tilapia (112 cal.,2.7(g)fat,0 carbs) topped with a lemonpepper seasoning served over rice with your choice of applesauce or cottage cheese \$6.99

**SOUP & SALAD-**A deluxe garden salad or crab seafood salad served with a bowl of soup \$6.99