LUNCH SPECIALS
SERVED MONDAYSERVED MONDAYFRIDAY 11AM-3PM

ADD A SOFTDRINK OR TEA FOR \$1.49



Our Patrons 65 and older please enjoy Lunch prices all day long

## SPECIALTIES

SCROD BASKET- Nearly 3 quarters of a pound of our new scrod gently fried and served with fries \$6.99

CHICKEN TENDERS- Hand breaded and lightly fried chicken tenders with one side \$7.99

SHRIMP FEAST- Ten golden fried Gulf shrimp with your choice of a side and a hot hushpuppy \$8.49

#### CAKES AND CHOWDER-

Our house made crab cakes and a cup of our warm clam chowder \$6.49

### FARM RAISED CATFISH FINGERS-

A half-pound of catfish strips with one side and pups \$7.99

MINI SHRIMP-Bite sized shrimp served with one side and a hushpuppy \$6.99

**BLACKENED TILAPIA** – Tilapia blackened and served over rice pilaf with one side and a hushpuppy \$6.49

GRILL CHEESE AND CHILI -Award winning chili and grill cheese \$6.99

FISH N' SHRIMP COMBO-Five golden fried shrimp and a couple of cod strips with your choice of one side and a hushpuppy \$9.99

SANDWICHES
SERVED WITH FRIES
ADD SLAW \$1.25 ADD SOUP \$1.49

FAMOUS ICELANDIC WHITEFISH Gently fried, Cajun grilled or oven baked on white, rye or wheat bread \$7.49

SCROD SANDWICH-Gently fried scrod piled high on your choice of white, rye or wheat bread \$5.49
TILAPIA SANDWICH-Hand battered tilapia dressed on a hoagie bun 1pc \$5.49 2pc. \$6.49

#### TILAPIA N' SHRIMP COMBO-

Hand battered tilapia served with fried Gulf shrimp your choice of side and a hot hushpuppy \$7.99

CLAMS-Sweet tender clams served with one side and a hushpuppy \$6.49

#### ALL U-CAN-EAT HAND BREADED SCROD-

An endless supply of our freshly hand-breaded scrod, Served with French fries and hushpuppies

Scrod \$9.99

#### SCROD N' SHRIMP COMBO-

Five golden fried Gulf shrimp and a couple of whitefish strips with your choice of one side and a hushpuppy \$8,99



# LIGHTER FARE

GRILLED SALMON-A 5 ounce grilled salmon fillet (200 cal., 8.75 (g) fat, 0 carbs.) served with your choice of vegetable and cottage cheese or applesauce \$8.99

BROILED WHITEFISH-A whitefish fillet (113 cal.,1.25(g) fat, 0 carbs) gently broiled served with your choice of vegetable and cottage cheese or applesauce \$7.49

LEMON PEPPER TILAPIA-Grilled tilapia (112 cal.,2.7(g)fat,0 carbs) topped with a lemon-pepper seasoning served over rice with your choice of applesauce or cottage cheese \$6.99

SOUP & SALAD-A deluxe garden salad or crab seafood salad served with a bowl of soup \$6.99